



A struggle of wrestler Narsingh Yadav

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Abstract

Narsingh Pancham Yadav is an Indian Wrestler son of Pancham Yadav and Bhulava Devi from eastern Uttar Pradesh. Yadav has been training since he was 13. At the 2010 commonwealth Games, he won the Gold medal. He was banned for 4 Years and booted from 2010 Olympics after the world Anti-Doping agency against the delusion of the NADA claimed Yadav's sample had been sabotaged by a rival.

Keywords: struggle wrestler Narsingh, Olympics, NADA

Introduction

Wrestling is unique among athletics. It is considered to be one of the most physically demanding sports among high school and college Athletics. Wrestling in India is also known as "Dangal" and it is the basic form of a wrestling tournament.

Wrestling in India is most famously known as Malla-Yuddha. Narsingh Yadav He was born in Uttar Pradesh and Yadav he was been training since he was childhood after than he made history in his life and achieved high level in wrestling after some obstacles came his life. And get impact on his sports career

Career of Narsingh Yadav

1. Commonwealth Games

Narsingh Yadav first opportunity came in his life at the Games held at home in New Delhi, India, Narsingh Yadav was a last. Minute replacement and competed in the freestyle 74 kg category he managed. To surprise everyone and won the gold medal beating Richard Brian Addinall of South Africa in the gold medal bout

Vision of Narsingh Yadav

Wrestling as a combat sport involving grappling type techniques such as clinch fighting, throws and takedowns joint locks, pins and these grappling holds a wrestling bout as a physical completion, between two compactors or sparing pretences. Who attempt to gain and maintain a superior position Narsingh is age of 13 has-been started trading his life after he achieved and made Career in his life national and international level. Pursuing a practice and in marriage wrestler use all of the major muscle groups in the body. As wrestler Narsingh Yadav got high level in his field.

2011 Commonwealth Championship

In Australia, Narsingh Yadav Rinsed second in the Commonwealth Championship wrestling the silver medal losing in the final to Cleopas Nduka of Canada at the Olympics in London, Yadav lost his opening about 74kg Freestyle event and was knock out of the tournament

2014 Asian Games

In the round of 16 in south Korea Narsingh lost 1:3 to Rashid Knurbnov of Kazakhstan with the Uzbek grouper qualifying for the final, Yadav was unable to compete for a medal through the repackaging where the first faced Ramzan Khambarov medal bout he was successful in securing the bronze medal with Japan wrestler

2015 Championship

At the 2015 Asian Wrestling Championships, Yadav, who has been included in the 74 kg category in the absence of double-Olympic Medalist Sushil Kumar, lost to Daisuke Shimada of Japan 9–12 in the qualification round, but qualified for the repechage round after the latter reached the final.

The bronze medal bout made news across India not just for his spectacular comeback but also because of one particular move – the 'Dhak' move used in dangals or local wrestling clubs across India.

2016 Olympics controversy

Having won bronze at the World Championships qualified Yadav to the 2016 Rio Olympics but Sushil Kumar, who had missed the 2016 Summer Olympics qualification event due to injury, asked for a trial between himself and Narsingh and moved his request to the Delhi High Court. It was only after his appeal was rejected that it was confirmed that Narsingh was going to the 2016 Rio Olympics

However, Yadav failed two anti-doping tests, conducted on 25 June and 5 July 2016, testing positive for metandienone, which he asserted was to "sabotage" his chances of competing at the Olympics, following which he was given a clean chit by NADA [18]. The World Anti-Doping Agency challenged the decision and the case was moved to the Court of Arbitration for Sport. A day prior to Yadav's first bout at the Olympics, on 18 August 2016, he was handed a four-year.

Honoured of Narsingh Yadav

Narsingh Pancham Yadav, An Olympian who represented India in the London Olympics and a commonwealth gold medallist has

been selected for the position of deputy-superintendent of Police by the Maharashtra state government.

Conclusion

This Paper mainly describes the main importance of wrestling since childhood and after he reached a high level in wrestling at national and international stage in Olympic 2016 some obstacles came in his life he faced and fought very well at his level. The wrestlers who were successful using their various good things of their life.

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